

Dignity Preserving Psychotherapy Protocol and Legacy Discussion

These questions are to be used as a starting point for a discussion or as a way to stimulate further discussion of Legacy issues for patients near the end of life. Please put these into your own words. Do not consider this as a complete list, but rather as a launching point. Remember that your patient's life has inherent value, and your job is to discover this and help families and loved ones to do the same.

Can you tell me a little about your life history?

When did you feel most alive?

Are there specific things that you would want your family to remember about you?

What are the most important roles you have played in life?

What are your most important accomplishments, and what do you feel most proud of?

Are there things that still need to be said, or that you would want to say once again?

What are your hopes and dreams for your loved ones?

What have you learned about life that you would want to pass along to others?

What advice or words of guidance would you wish to pass along to your (son, daughter, husband, wife, parents, other[s])?

Are there words or perhaps even instructions you would like to offer your family, in order to provide them with comfort or solace?

In creating this record, are there other things that you would like included?